

You were looking for synonyms of the word "Cover", of which there were 5 symmetrically placed across the middle of the grid. (There was also the word SHEET, which was an unfortunate oversight and red herring, but it wasn't symmetric with the others). If you followed the title and went "up" to the letter above each of the 5 "cover" entries, it spelled the word FRONT, which is indeed a 5-letter word and a synonym for a "cover up".

